

Welcome to the Fairlawn Swim and Tennis Swim Team! Summer 2008

We have a wide range of ability on our team ranging from young children that put extraordinary effort into swimming a length of the pool, to very competitive swimmers that are ranked in the nation. It is often a challenge for the coaching staff to balance the meet line-ups with the hope of giving all swim team members a chance to participate.

Our season is relatively short with only six weeks from the first day of practice to the Championship Meet. While six weeks is hardly enough time to develop an Olympian, it is our hope that it will be structured enough to cover the basic techniques, encourage team spirit in a competitive setting, and fun enough to provide fun memories of summer swimming! If everyone (coaches, swimmers, and parents) work together, it will be a GREAT SEASON!

We hope that this information packet will be a valuable resource for our swimmers and their parents. Please don't hesitate to contact us if you have questions or comments. Talk to us in person or reach us through the easy links on the website: www.fsandt.com, or the FST pool phone # 330-864-9060.

Nancy Laria, Pool Chairman

Coaching Staff: Charlie Guyton, Betsy Heffern, Jim Laria, Chris Malone, Tim Montague

Expectations of Swimmers

Practice, Practice, Practice!

See the rewards of your hard work at swim meets – look for improvement in your times in each stroke.

Cheer for your teammates!

Be a good sport – behave like a champion regardless of how you finish.

Expectations of Parents

Encourage your child to Practice, Practice, Practice!

Bring your child to home AND away swim meets.

Cheer for your child and their teammates.

Offer love, understanding, and support, regardless of your child's performance.

Leave "coaching" to the swim coaches.

Sign up for doughnut Fridays!

Volunteer at the swim meets!!